



THE
BALCON
LONDON

MAY NEWS

**AN AFTERNOON TEA FOR CHELSEA FLOWER SHOW
ENTHUSIASTS!**



Afternoon teas are always a treat, and this month even more so with a selection of delectable flowery pastries created by our Pastry Chef to celebrate the Chelsea Flower Show.

Along with the selection of homemade sandwiches and scones, you will discover unique new pastries in flavours of elderflower, violet and poppy. “Elderflower” combines a tonka bean sablé and peach confit with a light elderflower mousse. “Violet” is a moist cheesecake with a violet and grape compote with ricotta whilst “Poppy” features seasonal strawberry preserve with a poppy mousseline cream on a crunchy pistachio base.

To accompany this exclusive afternoon tea, Enzo Sigaut, our Bar Manager has created a Signature Cocktail with the Chelsea Flower Show in mind. Only available this month, this beautiful cocktail will transport you to a garden of roses. Freshly squeezed lime juice, passion fruit juice and rose liqueur are vibrantly combined with one of London’s most striking gins, the Edgerton Pink Gin.

Throughout the month of May, The Rose Lounge and The Balcon invite you to sample their mouth-watering offers and discover their striking flower displays.

For more information or booking please contact the St James Bar.
Tel. +44 (0)20 7747 2238 or email h3144-FB10@sofitel.com

PICNIC IN THE PARK



With summer comes the time for outdoor activities and what is more enjoyable than a picnic in one of the Royal Parks surrounding The Balcon? On this occasion, our Head Chef has devised for you a Ploughman’s Picnic with a selection of sandwiches served with a variety of breads such as baguette or rye. Tasty charcuterie from the award winning Trealy Farm, a refreshing tomato salad as well as English and French cheese complete the savoury menu.

Those with a sweet tooth will not be able to resist the Parisian pastries and the freshly baked scones served with clotted cream and berries. There is also the option of a vegetarian selection and children will enjoy their own picnic menu.

The Ploughman’s Picnic is presented in a beautiful wicker basket with its own tartan picnic rug and is available for hotel guests and non-residents.

To book or for more information, contact the Reservation Department
Tel. +44 (0)20 7747 2222 or email H3144-RE5@sofitel.com

LA BOUTIQUE



Did you fall in love with our beautiful Bernardaud tea service in The Rose Lounge or our stunning cocktail glassware in the St James Bar and wished to take them home? Your dream has come true, we are delighted to inform you that we have launched “La Boutique”.

Located in the St James Bar within a beautiful Regency cabinet, you will find a selection of exclusive glassware such as the Midnight Black Champagne flutes, a unique engraved shaker and the extremely popular St James Bar coasters. The Bernardaud tea service is also available along with a beautiful Ercuis silver tea strainer.

For more information or booking please contact the St James Bar.
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CHELSEA FLOWER SHOW COCKTAIL RECIPE

This month, Enzo Sigaut, Bar Manager at the St James Bar, is delighted to share with you the recipe of the Chelsea Flower Show cocktail.

Ideal summer drink, this cocktail is prepared with Edgerton Pink Gin. Distilled in the heart of London, this unique pink gin features fifteen hand-picked botanicals - including orris root, grains of paradise, supposed aphrodisiac damiana and notably healthful, pomegranate.

Ingredients

- 40ml Edgerton Pink Gin
- 15ml violet syrup
- 10ml rose liqueur
- 15ml lime juice
- 30ml passion fruit juice
- 1 egg white

Pour all the ingredients into a cocktail shaker and dry shake (without ice). Then fill the shaker with ice and shake again.

Double strain into a chilled cocktail glass and serve immediately with the garnish of your choice.



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